



**Prime Sports NW**

# TRI Golf

## Key Stage 2



**TRI Golf** is a FUN, energetic, version of golf which young children in primary schools can enjoy with their classmates as they hit the target with their first golf shots. Tri-Golf promotes 'Skills for Life' attributes including co-operation, good sportsmanship and concentration and is designed to be used across curriculum learning.

**Target:** Girls, Boys, disabilities and able bodied aged 7-11.

### Background and Aims

- Tri-Golf is genuinely inclusive as it suits all abilities; every child can succeed in the games and with the flexibility between individual play and team interaction.
- It engages well with youngsters who might not want to play a traditional team sport.

### Outline of Activities and Extensions

- This activity can be played both in and out doors.
- Introduces children to how to put and chip in safety.
- Using plastics clubs and soft TRI Golf balls.
- "Tick-Tock" club skills, patience, teamwork, targets, strategy.
- Team games and individual skills.
- Extension: designing gold holes.
- Extension: School Games tournaments.
- Extension: curriculum links (numeracy, art, etc)

### Curriculum Links covered

- Play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending
- Develop flexibility, strength, technique, control and balance
- Take part in outdoor and adventurous activity challenges both individually and within a team
- Compare their performances with previous ones and demonstrate improvement to achieve their personal best

### Outcomes

- Individual progression of new skills
- Can be a high-energy game that helps with PE and fitness.
- Actively promotes co-operation and respect among its players, and sportsmanship and good behaviour follows.

### Progression

- Individual girls and boys joining local golf clubs.
- We follow guidelines from Golf Foundation  
<https://www.golf-foundation.org/>

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**All equipment is provided**

**Teamwork - Respect - Enjoyment - Discipline - Sportsmanship**